MIXX™

SMARTWATCH

Watch[1]

Colour Screen

HOW TO GUIDE

MIXX™

SMARTWATCH

THANKS!

Thank you for choosing to buy our MIXX Watch[1].

All products brought to you by MIXX Limited come with a 2 year warranty for peace of mind.

Feedback is welcome, email us on **support@mixx-io.com** for any comments or queries.

IMPORTANT!

Please DO NOT pair the MIXX Watch[1] using the Bluetooth settings on your phone.

Please scan the QR Code or enter URL **bit.ly/WoFit_download** to install the FREE WoFit App on your phone.

Pair your watch with your phone using this App.

WoFit supports iOS 9.0 or later, and Android 4.4 or later.

We hope you enjoy using your Watch[1].

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LET'S START

What's in the box?

A MIXX Watch[1]

TOUCH BUTTON

Swipe/tap to navigate options.

When further options are available, a down arrow will appear. **Touch and hold** the Touch Button, wait for green line animation to complete and the further options will display.

IMPORTANT!

Please ensure the Watch[1] is **dry** before charging

1. Screen display
2. Touch Button
3. Watch Strap
4. SmartWatch Sensors
5. USB connector
6. Strap connector

LET'S INSTALL THE APP

Please follow the instructions as numbered:

1. **Scan** the QR Code to download the free **WoFit** App on to your smartphone.
2. **Tap the WoFit icon** to install the App and then **tap** to open.
3. Follow the on-screen instructions to register and to set-up an account.
4. Login to the App and follow the on-screen instructions. You should see the home screen.

Note: The WoFit APP supports iOS 9.0 or later, Android 4.4 or later and Bluetooth 5.0.

You require Android 4.4 or Apple iOS 9.0 and later to pair with this App. Only one smartphone can be paired to the Watch[1]. To pair other mobile phones, please **unbind** the current phone before pairing.

LET'S PAIR THE APP TO YOUR WATCH

IMPORTANT!

Please install the App and follow the instructions as numbered:

1. **Tap** the device icon to activate the device screen.
2. **Tap** 'Add new device,' to find the Watch[1] in device list.
3. **Accept** the App instructions for location permission.
4. **Select** 'MIXX Watch[1]' on your phone. You should see a 'Please confirm on the device' message on your screen.
5. Once paired you will see an infinity symbol on your Watch[1] screen. You should now be successfully paired with your Watch[1].

NOTE: Please DO NOT try to pair your MIXX Watch[1] using the Bluetooth settings on your phone. Unpair with your phone's Bluetooth settings and start from the 'IMPORTANT!' message above.

To UNBIND, **tap** the device icon select your device and choose **Cancel pairing** from the bottom of the list of options.

LET'S LINK TO... Apple Health

1. Open the **WoFit app**
2. Tap the 'Mine' icon to reveal your settings.
3. Select **'Connect via 3rd Party Platform platform'.**
4. Select **connect to 'Apple Health'.**
5. Open your **Apple Health** app and **tap your profile picture.**
6. In your Apple Health profile **select: Apps** in your privacy settings.
7. Select 'WoFit' from the list.
8. Finally, **activate** the categories that you want WoFit to track.

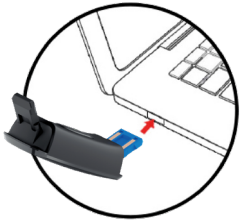
LET'S LINK TO... Google Fit

1. Open the **WoFit app**
2. Tap the 'Mine' icon to reveal your settings.
3. Select **'Connect via 3rd Party Platform platform'.**
4. Select **connect to 'Google Fit'.**
5. Choose a **Google account** to connect your WoFit app.
6. Allow WoFit to **access** your Google account
7. WoFit is **now connected** to your Google Fit app.

LET'S STAY CHARGED

Pull the top watch strap off. This may be stiff to begin with and needs to be pulled with some force to detach. Over time this should become easier.

The blue USB connector 5 will be now be exposed. This can be connected to a USB port to charge the device. The Device will buzz once to signify it is charging.



IMPORTANT!

Please ensure the Watch[1] is **dry** before charging

LET'S ADJUST THE SCREEN

ADJUST SCREEN BRIGHTNESS

From the App, **tap** on Device. Under the Display section, select Brightness Adjustment. From here you can choose the default setting or use slider to adjust the brightness of your screen.

ACTIVATE SCREEN USING WRIST ROTATION

From the App, **tap** Device. Under the Display section, turn on "Light up display by rotating your wrist". Once switched on, you can move your wrist or arm to activate (wake up) the screen on your Watch[1].

LET'S PLAY

Adjust the watchstrap so that it is a snug fit on your wrist (not too tight or loose) and there is no green light coming through from the LED light under the body of the watch.

Touch and hold the Touch Button 2 to turn the Watch[1] on/off.
Tap/swipe the Touch Button to navigate through the options. Whenever you find the down arrow, **touch and hold** the Touch Button to open additional options.

1. WORKOUTS

From the Watch[1] home screen, **tap/swipe** the Touch Button 2 to locate workouts . **Touch and hold** the Touch Button to open the following 6 sporting workouts:

1. Outdoor Run | **2.** Outdoor Walk | **3.** Outdoor Cycling
4. Indoor Run | **5.** HIIT | **6.** Plank

Tap/swipe to navigate through the 6 workouts. There is a return icon at the end of the list of workouts to enable you to return to the main menu. To select a workout, **touch and hold** the Touch Button again to open the options for that workout.

2. EXERCISE DATA

A detailed breakdown of your progress and achievements can be seen via the App on your phone by tapping on the desired feature for more information.

3. STEP COUNTER

From the Watch[1] home screen **tap/swipe** to locate the icon. The Watch[1] will show your steps count for the day so far.
You can see more step data by **tapping** the Steps icon on the App home screen on your phone .

4. SLEEP MONITORING

REMEMBER! To wear your Watch[1] to bed to capture your sleep patterns.
From the Watch[1] home screen **tap/swipe** to locate the icon. From here you will see your previous nights total sleep displayed on your Watch[1] screen.

You can see more details of your sleep pattern including a break down of light and deep sleep by **tapping** the Sleep icon on the App home screen on your phone.

5. HEART RATE

From the Watch[1] home screen **tap/swipe** to locate the icon. The Watch[1] will show your BPM heart reading.

You can see more data of your heart rate on the App by **tapping** the Heart rate icon on the App home screen on your phone.

6. TEMPERATURE

From the Watch[1] home screen **tap/swipe** to locate the icon. Your current temperature will be displayed on your Watch[1] screen.
You can see more data of your temperature pressure by **tapping** the Temperature icon on the App home screen on your phone.

7. OTHER FUNCTIONS

MORE MENU

To locate additional functions, navigate from the Watch[1] home screen by **tapping or swiping** the Touch Button 2 until you reach the More icon . The down arrow signifies more options are available. To view the extra options, **touch and hold** the Touch Button. Wait for the green line to complete it's animation and a new set of option will become available to **tap/swipe** through.

MORE MENU OPTIONS:

1. Stopwatch
2. Find cellphone
3. Info
4. Power off
5. Reset
6. Return

To navigate back to the main level of options, **tap/swipe** the Touch Button until you see the return arrow . You will need to **touch and hold** the Touch Button again to return to the main options level.

STOPWATCH

From the More menu locate the stopwatch icon . **Touch and hold** the Touch Button 2 to start the timer. **Tap** the Touch Button to pause/ continue the timer.

Hold and press the Touch Button to return to the More menu list of options.

8. FEATURES FROM YOUR PHONE

MESSAGES

You will need to make sure permissions are allowed on your phone. In the App select your device, then 'Notifications'. From here you can choose which Apps have permission to send notifications to your Watch[1].

From the Watch[1] home screen, **tap/swipe** to locate your messages then **touch and hold** the Touch Button to open your messages. You can view the first 6 lines of each message/notification.

Tap/swipe to navigate through each message/notification. The Watch[1] will buzz to alert you of a new message/notification.

REMOTE CAMERA

On the phone App, **select your device**. Then scroll to the option: 'Rotate Wrist to Take Photo'.

The camera on your phone will open and the screen on your Watch[1] will change to the Photograph screen .

Set up your phone to point at the desired subject and use your Watch[1] to take the photo by either: **tapping the screen** on your Watch[1] or **rotating your wrist**.

Your Watch[1] photos will be automatically saved to a new album on your phone.

ALARM CLOCK

On the phone App, **tap** the device icon. **Select** the Watch[1] from the device list and scroll down the list of options to the Alarms icon . From here you can access any existing alarms you may have set up, or set up a new alarm. Your Watch[1] will buzz when the alarm is activated.

9. WATCH SETTINGS

CHANGE THE WATCH FACE

From the home screen, **touch and hold** the Touch Button 2 until the green line completes it's animation. You can then **tap/ swipe** the Touch Button to view a selection of 5 screen displays. **Touch and hold** on your chosen display to set this to your Watch[1] home screen.

You can upload additional watch face options from the App onto your Watch[1]: in the App, select your device and then **tap** the Watch Face Style to show infographic or photographic watch face options.

There are 5 pre-set faces loaded on the watch, you can add 1 face from the "watch face icon" menu on the App.

20:30
09 MON
69200
04 MON
1236
029
AM
08
36
MON
26300
09

09
09
MON
30
56900
04:29
39600

10. WATCH[1] NAVIGATION

MAIN MENU

From the Watch[1] home screen, **tap/swipe** the Touch Button 2 to view the main menu functions.

MAIN MENU:

1. Steps (see p9)
2. Sleep (see p9)
3. Heart rate (see p10)
4. Temperature (see p10)
5. Messages (see p12)
6. More menu (see p11)
7. Workouts (see p8)

MORE FEATURES

Use the App to switch on the features outlined below to receive these reminders from your watch.

1. Set goals – set yourself personal goals for: steps, fat reduction and sleep.
2. Sedentary alert – sets a reminder for you to move about This is handy if you sit in a chair all day.
3. Incoming call – turn this feature on and follow the on screen instructions so that you can obtain notifications on your watch.

LET'S VIEW TECHNICAL SPECS

Watch strap length:	240 mm
Watch strap width:	20 mm
Weight:	32g (including strap)
Battery:	210mAh Poly-Li
Waterproof rating:	IP68

CONTACT MIXX

Feedback is welcome simply email us on **support@mixx-io.com** or visit **mixxwatch.com** for more information.

LET'S BE SAFE

It's important that you read this section completely, especially the **'Warning, Caution and Safe Usage'** instructions.

For your protection
Ensure the product is correctly connected using the manufacturer's original accessories included with the product.

Please keep the product out of reach from children and animals.

IMPORTANT!
Do NOT use a non-certified PD or QC3 wall charger as this may damage the product. Only use the cable supplied to charge your device.

May contains small parts which may be a choking hazard. NOT suitable for children under age 6.

Allergy information:
Please note that it is your responsibility to be aware of any allergies you may have to metals and / or other materials that may be present in this product including, but not limited to: gold, silver, nickel, steel, painted surfaces, silicon, rubber or plastic. As there is no way for us to know of any allergies you may have, we will not accept liability for any allergic reaction that may occur because of wearing and / or using our products.

NOTE:
If your product has become damaged in any way, does not operate normally or has been dropped, please refer to a qualified person to have the product checked before continuing to use it.

WARNING: The operating temperature range for this product is 5º - 40º Celsius. Please avoid exposing the product and cable connectors to prolonged rain, moisture, any splashing or liquid spills. This may cause excessive heat or melting and may lead to fire damage or personal injury.

CAUTION: This product contains a Lithium battery. Incorrect disposal of this battery may result in an explosion.

LET'S RECYCLE

This product can be recycled.

Products bearing this symbol must NOT be thrown away with normal household waste.

Take the product to a collection point designated for recycling of electronic devices. Find out more about return and collection points through your local authority.

NEED EXTRA HELP? Q&A

Q. My heart-rate signal seems to be missing?

A. If your Watch[1] is not showing a heart rating then the data will appear as a dotted line.

Please confirm if you are wearing the watch correctly and that the strap is not too loose or too tight. The watch strap should ideally sit back one finger width from your wrist. Not too high and not too low on your wrist or arm. After adjusting the watch please do the following:

- From the Home Screen 1 **tap/swipe** to the heart rate screen on the Watch[1] to obtain a manual reading.
- Check the heart rate monitor feature is turned on in the App. You should see a reading of your heart rate.

Q. I'm having trouble pairing my Watch[1] with my smartphone?

A. Try the following solutions:

- Check the Watch[1] is not paired with another mobile device. Please **unbind** it from the App to unpair the watch (See page 4).
- Go to LET'S INSTALL THE APP section (See page 3) and follow the steps.
- IOS device users should go to their Bluetooth settings, 'unpair' or 'forget' this device and pair it again.

EXEMPTION NOTES

1. The Heart rate data output or results by the Watch[1] or App are not intended to be used on a medical or diagnostic basis.

2. Self-diagnosis and self-treatment are dangerous. Only qualified doctors are allowed to diagnose and treat heart diseases. Please contact your doctor for professional diagnostic opinions and help.

3. The data and information of heart rate provided by the Watch[1] may not be completely accurate and may exceed the tolerance as per the specification stated in the manual due to many factors, such as interference of the signal from external sources, incorrect wearing position and changes in weather conditions or user's body condition.

4. DO NOT adjust any of your medication or therapeutic schedule based on the results output by the Watch[1]. Please follow the doctor's instructions before taking any treatment or medication.

The manufacturer disclaims all liability arising from such inaccuracy and assumes no responsibility for the consequences of use of such data and information.

WARRANTY NOTES

We offer a 2 year warranty period for the Watch[1]. If there is any damage or malfunction during normal use, the warranty service will be provided to the customer for free after confirmation by our technician.

The following conditions are not covered by the warranty:

A. Accidental or deliberate damage
B. Damage caused by disassembly or unauthorised attempt at repair
C. Contamination of the charging connectors or sensors
D. Damage caused by connection with equipment which is not compatible
E. Allergic reaction to any materials contained within the product
F. Damage caused by force majeure

MIXX™
To view our extensive wireless range of Headphones, True Wireless Earbuds, Earphones and Speakers simply visit us at
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